

St Andrew Lutheran Church

# Heartbeat

January 2020



Rev. Jeffrey Nelson,  
Pastor

Elissa Mitzen, Director  
of Youth & Family  
Ministries

Randy Guiaya,  
Organist/Choir Director

Matthew James,  
Praise Team Director



## NEW STAFF FOR ST. ANDREW!

We welcome 3 new members to our staff! What a wonderful way to start the new year.

**Randy Guiaya** – has been hired as the Organist/Choir Director. He has been with us as an interim for this position since mid-summer. We got to know him – and he got to know us. He will be responsible for the music at the 8:30 service.

**Matthew James** – has been hired to lead the praise team at second service. He will begin January 1 and be responsible for the music at the 10:30 service.

**Julie Gonzales** – will be taking the job of Administrative Assistant in the office. We look forward to her being in the office and creating all the documents that we use. She will be working Monday to Friday from 9:00 am to 2:00 pm.

We welcome these folks who join Elissa Mitzen, Youth & Family Director and our Pastor Jeffrey Nelson.

## NEW YEAR'S RESOLUTIONS

The month, January, takes its name from the Roman god, Janus. Janus was two-faced. (No, I am not being rude or critical.) Janus actually had a face on the front of his head and a face on the back of his head. This way he could both see where he was going (the future) and where he had been (the past).



New Year is a time to do the same: to look at where we have been and then to look toward the future and make plans and adjustments. These plans we often call resolutions—things we intend to do in the coming year. Usually they are personal goals, such as lose some weight, get more exercise, spend more time reading, or the like.

New Year also occurs just before the season of Epiphany. Epiphany means “appearing” or “manifestation”. It is during this season that we see Jesus divine power manifest as He begins His earthly ministry in earnest. Three things from the readings in Epiphany stand out as possibilities for us as we consider what to set for our resolutions this year.

### Worship

Luke 4:16 tells us that Jesus “*went to the synagogue on the Sabbath day, as was His custom.*” Though He was God, Jesus still went to worship services each week. While we know that Jesus often went off by Himself to spend time alone with God, we may forget that weekly worship also was a part of Jesus’ walk of faith.

So, it should be for us. Craig Borlase, author of [The Naked Christian](#), talks about the church as a watering hole. In other words, it is the place you go to get refreshed and reequipped to go out into the world. Like nutrition, we need regular and frequent (Christmas and Easter only is regular, but not frequent) worship to strengthen and sustain us in the challenges that face us day in and day out. Let us make weekly worship a goal for ourselves for this new year.

### Ministry

John 2:1-11 describes Jesus first miracle—the changing of water into wine. It is significant to note, though, that this act was done at a community celebration—a wedding. Jesus often put Himself into the regular lives of people and in those common events took time to serve them.

Every day, God provides us opportunities to minister to others through acts of service. Think what it would mean to our world if everyone made the commitment to do one form of ministry each day. Perhaps we can be the start of such a movement by resolving to be of service to others at least once each day.

### Disciple Making

In order that more people be reached with the good news of the love and forgiveness of God, Jesus invited others to be a part of His mission to the world (Luke 5:1-11). If we desire to have our church grow, if we want more people to know God’s forgiveness, if we want to see the world changed through the love and peace that Jesus brings, then we need to be about disciple making, too. A reading of the first eleven chapters of Acts shows how effectively Jesus’ plan worked. From one person to twelve disciples to thousands of believers the good news spread throughout the world.

I trust that all of us would like to see our church growing more and more with people who are in love with God and passionate about the mission and ministry of Jesus. If each of us resolved to bring in one new family to church in the coming year, our attendance and membership would double. In two years, it would be four times what it is now. In four or five years, it could look like Pentecost all over again! Yet it also must be more than that. Our Lord calls His followers, not to make members, but to make disciples—people who are committed to growing in the Lord and inviting others to, “Come and See.”

As I said before, often our New Year’s resolutions are personal in nature, designed to help us improve ourselves. Why not try something new this year? Take on some resolutions that will reflect your commitment to our Lord Jesus Christ and to His ministry through St. Andrew Lutheran. You may find resolutions like these to be much more fulfilling than any that you have made before.

In Christ’s love, Pastor Jeffrey

# Ways you can **SERVE**

## **Cold Weather Shelter – January 20-27**

We will once again be participating in the Whittier Cold Weather Shelter Program at Salem Lutheran Church, from January 20-27. This is one of our most important ministries to the community.

Volunteers are needed to serve breakfasts and dinners, as well as to donate food. Please look for sign-up sheets in the Narthex.

If you have any questions, please see Suzanne Thompson or Marsha Ehlers.



## **Bread for the World Pancake Breakfast – February 9**

St. Andrew has a long history of supporting Bread for the World, a collective Christian voice that urges our nation's decision makers to end hunger at home and abroad. Historically, we have donated to Bread for the World in honor of one of our former pastors, John Sutherland, who enthusiastically embraced this worthy organization and their valuable work.



As a demonstration of our support for Bread for the World, we will be bringing back our Bread for the World Pancake Breakfast on Sunday, February 9, from 9:00 – 10:30 AM in the Fellowship Hall. Breakfast will include pancakes, sausage, fruit, juice, and coffee.

A free will offering will be taken at the breakfast to benefit Bread for the World. Offering envelopes will also be available for those who want to make a donation but will be unable to attend the breakfast.

## **Hunger facts**

More than 40 million Americans, including 12 million children, lived in households that struggled to put food on the table in 2017. African Americans, Latinos, and Native Americans were approximately twice as likely as the overall population to live at risk of hunger.

Since 1990, global hunger has decreased by nearly half, but the number of undernourished people increased for the third year in a row, to 821 million in 2017.



### **MAKE A DIFFERENCE IN FIVE MINUTES**

Would you like to help address world hunger? Provide screenings for breast cancer? Help veterans? Seek solutions to Alzheimer's and diabetes? You can do this and more in five minutes using your computer. Log into [thehungersite.greatergood.com](http://thehungersite.greatergood.com) everyday when you first use your computer. You will be taken to a website where your free click helps to fight hunger and end poverty. After you click, you'll be taken to a page that lists other free ways to help: breast cancer, animals, veterans, autism, Alzheimer's, diabetes, literacy, rainforest, and greater good (which picks a special focus each day). Because of generous donations for each click contributes to addressing these areas of concern. Bookmark [thehungersite.greatergood.com](http://thehungersite.greatergood.com) website and begin your computer time helping others every day.



### **Food Drive Challenge**

St Andrew has joined the competition with other local churches to see which churches can collect the most of a certain item. **The food item we are collecting in January will be Pancake Mix.** All donations that we collect will be counted for the competition and then donated to the Interfaith Food Center.

### **St. Andrew receives Matthew 25 grant from ELCA**

We are pleased to share with you that St. Andrew has been awarded a \$775 Matthew 25 Fund grant from the ELCA Pacifica Synod. The purpose of the award is to honor Christ as he spoke in Matthew 25:35-40.

We applied for the grant to help support our senior produce distribution by supplementing our community garden produce and congregational donations. We will also be using it to present two gardening workshops that we have planned for 2020.

Thank you in advance for your support of our senior produce program, and for your continued donations of fresh produce, either from your home gardens or store bought.

## Thrivent Choice Dollars

Did you know that Thrivent is not calling or e-mailing members any more regarding directing their current Choice Dollars? Sometimes your agent may call to remind you but not all agents provide that service. **Please call or email your Thrivent representative to direct your dollars to St. Andrew.** These dollars are being directed to very good causes by your Church Council members.

Please pick up an Evangelism brochure from the table in the lounge. The brochure has all the information needed so that you can give a new neighbor who just moved near you regarding St. Andrew. Thank you to everyone who has their Thrivent Choice dollars directed to St. Andrew.

## 2020 Flower Chart

The 2020 Flower Chart is available for sign ups in the lounge. Flower bouquets cost \$35 and can be dedicated to the memory of someone or to celebrate anniversaries, birthdays, or anything really! When you sign up please make sure to mark whether you want to take the flowers home or donate them to be given to one of our homebound members.



## STEWARDSHIP NOTES

With the coming of a new year comes new beginnings.

A time to think about the talents God has given us and how we can use them in a new way in our daily lives, here at St. Andrew, in our community, and in the world. Just think, the possibilities are endless and nothing is impossible with God.

Happy New Year from your  
Stewardship Commission



## Other Ways You Can Give!

### Goodshop & Good Search

St. Andrew is now a charity with goodsearch.com which includes goodshop! If you use either of these St. Andrew gets money!

### Amazon Smile!

St. Andrew is now a charity with Amazon Smile! Just do your shopping at smile.amazon.com with St. Andrew selected as your charity!

### Ebay!

St. Andrew is now a charity with ebay.com so if you sell items on ebay you can donate the fees to go to St. Andrew (it comes up Fullerton).

## Friendship and Family Around the Holidays

As many of us have experienced life is not only filled with joy it is also filled with sorrows. Sometimes these sorrows tie directly to someone who used to attend church regularly - no longer attending at all or only sporadically. Sometimes it is for other reasons that a person is no longer seen on Sundays, some have moved on to find other church homes or have passed away.

While our evangelism team is dedicated to reaching out to those who no longer attend, are homebound or are no longer attending as regularly as in the past, we need your help! While it is often difficult to find out why someone is no longer attending church or seems to have disappeared - someone reaching out to check on them lets them know they are missed and can have a positive outcome of the person realizing someone cares.

If you know someone that used to come to church and hasn't been seen in a while, please take a moment to reach out. You just might be the person to make them realize they aren't alone and that someone and in fact their whole church family cares. Especially during the holiday season when the losses and struggles are felt so much more. Remember as Christians our true joy comes from helping others in need. If you get stuck or want someone other than you to reach out, contact Len Bobier or Don Scotvold and they can add that person to their visitation list.

## 2020 Offering Envelopes

Offering envelopes for 2020 are available in the narthex. You will notice some changes. You will need to enter the giving date and there are **NO** numbers. **PLEASE** be sure to put your name on the envelope if you are giving cash. Our bookkeeping system allows us to enter by name only.

There are special goldenrod envelopes for the extra offerings in groups of 12, as well as interspersed in most of the boxes.

### Women's Ministries

**Hannah Circle – Meets on  
January 7<sup>th</sup> at 7 pm in the  
lounge.**

**Esther Anna Circle – Meets  
on January 10<sup>th</sup> at 1 pm in  
room 5.**

## Men's Fellowship Breakfast

**7:30 am Saturday 1/4/20**

Come and enjoy great food, fellowship and Bible Study.



Men's Fellowship

## Andy's Kids Club



Andy's Kids Club is every Sunday morning at 9:30. We welcome children ages 3 to 3rd grade. We have music, games, crafts, and fun lessons. We have a very exciting year planned! Andy's Kids Club is held inside the Fellowship Hall.

We also celebrate birthdays! If your child has a birthday coming up or if they had a birthday recently, please bring them so we can make their day extra special.



## Youth Group

We meet every Sunday evening from 6pm- 7:30pm in the youth room. Youth group is for all middle and high school youth. Outings are scheduled once a month. Bring your friends and join us for an awesome time! Please contact Elissa for more information.



## YOUNGER YOUTH GROUP

We have started a new youth group for 4<sup>th</sup>-6<sup>th</sup> graders. We meet every Sunday morning at 9:30 in the youth room. Please contact Elissa for more information.

## Prayers for January 2020

*"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God."* Philippians 4:6

### Members of St. Andrew

~ Jan Beardslee ~ Kenton Chong ~ Jennifer O'Camb

### Members of St. Andrew (Long Term)

~ Ruth Ali Hassan ~ Leslie Barr ~ John Biddle ~ Barbara DuBois  
 ~ Bob Ehlers ~ Doris Johnson ~ Lois Kalla ~ Shirley Kellison  
 ~ Krystal Martin ~ Mickey Rosario ~ Sally Sauer  
 ~ Jasmine Simmons ~ Connie Tucker ~ Lorraine Tunberg  
 ~ Sandy Wicker ~ Jan Wolverton

### Family & Friends

~ Sara A ~ Lowell Beilman ~ Holly Beilman Carver  
 ~ Raymond Chan ~ Elsa Covarrubias ~ Truman Dawn ~ Craig Dean  
 ~ Jim Edwards ~ Lucy Flores ~ Betty Fowler ~ Maria L  
 ~ Nancy Lanning ~ Laci Massaro ~ Grace McDonald ~ Caitlyn Naylor ~ Steven Oertel  
 ~ Octavio Osuna ~ Fernando Perez ~ Brad Pollard ~ Carmen Pollard  
 ~ Sib Sidoti ~ Terri Robertson ~ Carl Yin ~ Freddie ~ Joe  
 ~ Maureen ~ Renee

### Family & Friends (Long Term)

~ Jeralyn Ehlers ~ Chiari Eliazarras ~ Grant Eyles ~ Christine Fantz  
 ~ Marcus Glidden ~ Shirley Loveless ~ Judy McNeill ~ Matthew Muldown ~ Don Spur  
 ~ Osvelia Revueltas ~ David Uken ~ Eric, Kurt & Bill

### Local Members in Assisted Living

**BARBARA DUBOIS**  
 (THE ORCHARD)  
**SHIRLEY KELLISON**  
 (IMPERIAL HEALTHCARE)  
**RUTH ALI HASSAN**  
 (WHITTIER PLACE)

**Note:** *While we continue to lift up everyone on our prayer list to God's love and care, we want to stay as up-to-date and current as possible. Please remember you can add anyone to our prayer list at any time, or call the church office or the pastor with updates about how to pray for them. Prayers of praise for answered prayers are joyfully welcomed. Thank you for your faithful prayers. We will keep each person on the list for 3 months, unless you request otherwise. Long term requests will be kept until there is a request to remove them.*



# JANUARY Birthdays

Jan 1	Miryam Maletych	Jan 14	Constance Tucker	Jan 24	Arnold Bauder
Jan 4	Michael Sipple	Jan 20	J.R. Grana	Jan 24	Cameron Rodriguez
Jan 6	Sandra Wicker	Jan 22	Sharon Guy	Jan 27	Lois Kalla
Jan 7	Alec Revueltas	Jan 22	Forrest Nielsen	Jan 29	Nadalie Crocker
Jan 9	Judy Johnson				



Jan 25 Ken & Carol Sipple  
Jan 29 Daryl & Sandy Wicker





## Worship Service Volunteers for January 2020

Thank you for serving at our worship services. Please notify the office if you cannot serve on the assigned date. Readers are also Communion Servers.

8:15 Service	Greeters	Readers	Communion Servers	Ushers	Refreshments
Jan 5	Carol Sipple	Art Revueltas	Barbara Revueltas Diane Fort-Woody	Nick Grana Ken Sipple Forrest Nielsen	Hannah Circle
Jan 12	Bobbe Muldown Ellen Anderson	Elyse Reed	Jan Beardslee Margie Murphy	Nick Grana Ken Sipple Forrest Nielsen	Grace Christiansen
Jan 19	Grace & Ken Christiansen	Dave Dickerson	Barbara Revueltas Sondra Shanahan	Nick Grana Ken Sipple Forrest Nielsen	Margie Murphy
Jan 26	Marsha Ehlers	Ellen Anderson	Jan Beardslee Marsha Ehlers	Nick Grana Ken Sipple Forrest Nielsen	Nancy Bobier

10:30 Service	Greeters	Readers	Communion Servers	Ushers	PowerPoint	Children's Chat
Jan 5	Suzanne Thompson	Isla Holmes	Dolores York Chris Allen	Dave & Josh Klyde	Marie Jorgensen	Betty Dagen
Jan 12	Marie Jorgensen	Kathy Mitzen	Dave Dickerson Mardie Heller	Jerry York	Leila Klyde	Pastor Jeffrey
Jan 19	Sharon Pollard	Jennifer Oertel	Dolores York Isla Holmes	Dave & Josh Klyde	Chris Allen	Vicki Linta
Jan 26	Dave & Marianne Dickerson	Betty Dagen	Jennifer Oertel Kathy Mitzen	Jerry York	Mardie Heller	Pastor Jeffrey



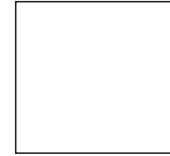
# 2020 JANUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30a Traditional Service 9:30a Education Hour 10:30a Contemp. Service 11:45a ICFG 5:30p Men's 12 Step	30	31	01 OFFICE CLOSED New Year's Day	02 7:30p Clutterer's Anon 7p ICFG	03	04 7:30a Men's Breakfast 11a Eagle Scout Ceremony
05 6p Youth Group 7p Families after AA	06 2:30 Homework Club	07 6p Boy Scout Parents 7p Boy Scouts 7p ICFG	08 11a Bible Study 2:30p Homework Club 6p Bible Study 6p Mission and Service	09 11:30 a WAM Quilters 7:30p Clutterer's Anon	10	11
12 11:45a Worship & Music 6p Youth Group	13 2:30 Homework Club	14 10:30 a La Leche League 7p Boy Scouts 7p ICFG	15 11a Bible Study 2:30p Homework Club 5:45 Girl Scouts 6p Bible Study	16 11:30 a WAM Quilters 7:30p Clutterer's Anon	17	18
19 6p Youth Group	20 OFFICE CLOSED Martin Luther King, Jr. Day	21 7p Boy Scouts 7p ICFG	22 10a Alter Guild 11a Bible Study 2:30p Homework Club 5:45 Girl Scouts 6p Bible Study	23 10a OC Food Distribution 11:30 a WAM Quilters 7:30p Clutterer's Anon	24	25 6:30p Major Keys
26 Noisy Offering Youth Group 6p	27 2:30 Homework Club	28 7p Boy Scouts 7p ICFG	29 11a Bible Study 2:30p Homework Club 5:45 Girl Scouts 6p Bible Study	30 11:30 a WAM Quilters 7:30p Clutterer's Anon	31	01
02	03	04	05	06	07	08

January 20 - January 26 - COLD WEATHER SHELTER

St. Andrew Lutheran Church  
11345 Miller Rd  
Whittier, CA 90604  
(562) 944-1148 Fax (562) 944-2313  
Website: [www.standrewlutheranchurch.org](http://www.standrewlutheranchurch.org)  
email: [office@standrewlutheranchurch.org](mailto:office@standrewlutheranchurch.org)



January 2020 Issue



## **Sunday Worship Hours**

8:30 a.m. Liturgical Service with Organ  
9:30 a.m. Education Hour all ages  
10:30 a.m. Contemporary Service with Rejoice Band

**Ministers: Every Member and Our Staff**

*Pastor: Jeffrey Nelson*

*Director of Youth & Family Ministry: Elissa Mitzen*

*Organist/Choir Director: Randy Guiaya*

*Praise Team Director: Matthew James*

*Adult Education: Marsha Ehlers*

## ***Our Mission Is Local and Global***

Local ministries include supporting:

The Interfaith Food Center (562-903-1478),

Cold Weather Shelter ministry with the homeless and Lutheran Social Services.

Global ministries include WAM Quilters, KIVA, and Bread for the World.