



# St. Andrew Lutheran Church

Phone:  
(562) 944-1148

## Heartbeats Weekly Updates For the Week: 10/30 - 11/5/2022

**Our mailing address:**  
11345 Miller Road  
Whittier, CA 90604

**Email:**  
[office.standrewlutheranchurch@gmail.com](mailto:office.standrewlutheranchurch@gmail.com)

### Weekly Calendar:

#### Events This Week:

- Oct 30 | *Reformation Sunday***  
**8:30 AM** Choir Practice  
**9:30 AM** Worship  
**11:00 AM** Adult Education (Zoom)
- Nov 2 | 11:00 AM** Bible Study (Zoom)  
**6:00 PM** Bible Study (Zoom)
- Nov 4 | *Pastor Jeffrey on Vacation***
- Nov 5 | *Pastor Jeffrey on Vacation***  
**8:00 AM** Men's Fellowship  
**4:00 PM** Veterans of Foreign Wars  
 (Post #9148 in La Mirada)

**Note: Pastor Jeffrey will be on vacation 11/4-11/6**

#### Happy Birthday!

Daniel Simar	Oct 30
Mary Jo Di Ruscio	Oct 31
Jane Hamby	Oct 31
Grace Christiansen	Oct 31
Isla Holmes	Nov 2

#### Worship Assistants for October 30, 2022

**Reader:** Art Revueltas  
**Power Point:** Betty Dagen  
**Acolytes:** Jasmine Rodriguez and Addison Gentle  
**Praise Team** Matthew Sivertson  
**Organist/Choir Director:** Randy Guiaya

**Flowers are given by:**  
**Ken Christiansen for Grace Christiansen's 91st birthday!**



**Adult Education:** Sunday @11 AM. If you're interested in joining, please email the church office or Marsha Ehlers for the Zoom link.

#### Wednesdays Bible Studies:

11:00 AM and 6:00 PM Bible Study (Zoom)  
 Contact the church office to be added to the Zoom email updates each week.

#### Prayer Chain

As many of you know, St. Andrew has a very active prayer chain. Praying for others blesses us and those we pray for. If you would like to join us in prayer, please call or email the church office or Marie at [mjorgen10@aol.com](mailto:mjorgen10@aol.com). Also, if you have a request for prayer for yourself, a relative or a friend you can contact us using the information above or just text or call Marie.

#### St. Andrew Cares

St. Andrew offers care for all our members. We have volunteers who can provide rides for medical appointments or other appointments, shop for groceries, and provide meals. Most of these services are for short term when needed. We also have a supply of medical equipment such as walkers, wheelchairs in storages. Please call or email the church office  
[office.standrewlutheranchurch@gmail.com](mailto:office.standrewlutheranchurch@gmail.com) or Marie Jorgensen.

#### Giving back to local veterans on November 5

While the nation will be honoring its veterans on Friday, November 11 for their contributions to our country, we at St. Andrew can show appreciation to some local veterans on Saturday, November 5. On that day at 4 p.m., we will be serving dinner to members of Veterans of Foreign Wars (VFW) Post #9148 in La Mirada (next to Pep Boys on Rosecrans/Valley View). We will be bringing soup, chili,

**Rev. Jeffrey Nelson**  
*Pastor*  
**Elissa Mitzen**  
*Director of Youth & Family Ministries*  
**Randy Guiaya**  
*Organist/Choir Director*  
**Matthew James**  
*Praise Team Director*  
**Art Revueltas**  
*President*  
**Chris Allen**  
*Vice President*  
**Barbara Revueltas**  
*Council Secretary*  
**Betty Dagen**  
*Treasurer*  
**Diane Fort Woody**  
*Stewardship*  
**Suzanne Thompson**  
*Mission and Service*  
**Isla Holmes**  
*Hospitality*  
**Vicki Linta**  
*Worship and Music*  
**Len Bobier**  
*Evangelism Leader*  
**Marie Jorgensen**  
*Congregational Care*  
**Jon Woody**  
*Property*  
**Kathy Mitzen**  
*Adult*  
**Sue Grana**  
*Youth and Family*

#### Men's Fellowship:

**Nov 5 at 8:00 AM**  
 All men are invited and breakfast will be served. Please contact Nick Grana for more information.

salad, breads and desserts. Volunteers are needed to make/donate the food that we will serve, as well as a small number of people to set up the dinner. Please see the sign-up sheets on the table in the Narthex throughout October for opportunities to join in this valuable effort.

Questions? Contact Suzanne Thompson via email at [italia4me2@gmail.com](mailto:italia4me2@gmail.com) or phone at 562-943-5161.

**Honor our veterans by attending a Veterans Day event**

Here are five ways you can honor our veterans this year:

**Whittier**

**Veterans Day Celebration**

Friday, November 11: 10 a.m. to noon – Central Park

Details: <https://www.whittierprcs.org/Home/Components/Calendar/Event/10044/1909>

**La Mirada (three events)**

Details: <https://discoverlamirada.com/2022/10/12/la-mirada-hosts-events-honoring-local-veterans/>

**Salute to Veterans**

Monday, November 7: 6-8 p.m. – La Mirada Theatre for the Performing Arts

**Flag Walk to Honor Veterans**

Friday, November 11: 9:30 a.m. – UFC Gym

**Veterans Day Ceremony**

Friday, November 11: 10:30 a.m. – La Mirada Civic Center Plaza

**Observe a moment of silence on November 11**

You can also honor veterans from anywhere by observing a moment of silence at 11 a.m. on Friday, November 11.

**IFC holiday food drive: October 17-December 4**

St. Andrew will once again be collecting food and financial donations for Thanksgiving and Christmas between October 17 and December 4 for the Interfaith Food Center (IFC). Your donations can help make a difference, and create a memorable holiday season for families in need this year.

You can bring your food donations anytime during that time period, and drop them off in the Narthex or the office during office hours.

Contributions collected between October 17 – November 6 will be delivered to IFC in time for Thanksgiving. Donations collected after that and up to December 4 will be delivered for Christmas.

**Most needed items (see chart)**

**Gift cards versus toy donations – deadline December 4**

In lieu of toys, the IFC will be accepting \$20 gift cards for Target, Walmart or Amazon. Gift cards can be dropped off in the box on the table in the Narthex or in the office beginning November 1.

Mashed potatoes	Gravy	Chicken or vegetable broth
Canned vegetables	Cranberry sauce or jelly	Cream of mushroom soup
Canned yams		

**Financial donations welcome**

Checks can be made to St. Andrew and note “Interfaith Food Center- Thanksgiving (or Christmas)” in the memo line, or on the offering envelope if cash. Checks or cash can be placed in the offering plate or church mailbox.

Thank you in advance for your generosity!

# **INTERFAITH FOOD CENTER!**

## **October is peanut butter month!**

We are collecting peanut butter for the Interfaith Food Center (IFC) in October. Please bring your donations to church on Sunday mornings or to the office during the week.

### **Prayers**

#### **Community Prayers**

Pastor Tim at River of Hope, Habitat for Humanity, our brothers, and sisters in Pachacamac, Peru, our brothers and sisters at San Juan Camino de Esperanza in Lima, Peru, family and friends who are serving in the military, ELCA Bishop Elizabeth Eaton, Pacifica Synod Bishop Dave Nagler, and our Pastor Jeffrey Nelson.

#### **Members - Long Term**

- Leslie Barr
- Lynn Burns
- Anne Christiansen
- Ken Christiansen
- Betty Dagen
- Barbara DuBois
- Grace Gundell

- Marian Humphreys
- Lois Kalla
- Shirley Kellison
- Krystal Martin
- Christine Perez
- Sally Sauer
- Lorraine Tunburg
- Sandy Wicker
- Jeff Woody

#### **Friends and Family**

- Chaplain Les Bishop
- David Blackburn
- Magnus Dickerson
- Annette Navarre
- Gianna

#### **Members**

- Chris Allen
- Grace Christiansen
- Vern DeBuhr
- Geneva DeBuhr
- Vicki Linta
- Elissa Mitzen
- Nolan Berner

#### **Friends and Family - Long Term**

- Jeralyn Ehlers
- Chiari Eliazarras
- Grant Eyles
- Christine Fantz
- Matt Fantz
- Marcus Glidden
- Shirley Loveless