



St. Andrew Lutheran Church

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Heartbeats Weekly Updates For the Week: 12/4 - 12/10/2022

Weekly Calendar:

Events This Week:

Dec 4 | *Deadline for Christmas Food Collection*

Volunteer Recruitment for Habitat for Humanity Build Site Begins

8:30 AM Choir Practice

8:30 AM Sunday School

9:30 AM Worship

9:30 AM Youth Group

11:30 AM Adult Education(Zoom)

12:00 PM Worship and Music Commission

Dec 7 | 7:00 PM Advent Service

Dec 9 | 11:30 AM La Mirada VFW Food Distribution Event

Worship Assistants for December 4, 2022

Reader: Diane Fort Woody

Power Point: Debbie Warren

Praise Team: Matthew Sivertson

Organist / Choir Director: Randy Guiaya

The Flower Chart 2023!

The Flower Chart for 2023 is available for you to sign up for donating flowers for Sunday mornings.

The cost is \$40 per bouquet. Please indicate 'flowers' in the memo line of your check. There are many blanks to be filled in— Please prayerfully consider how you can help. Thank you for your generosity.

Youth Group: 12/4 at 9:30 AM. Youth group is for all middle school youth. Invite your friends and join us for a great time!

Adult Education: Sunday @11:30 AM. If you're interested in joining, please email the church office or Marsha Ehlers for the Zoom link.

Midweek Advent Service

12/7 at 7:00 PM

We hope to see you there!

Making a difference in our community Interfaith Food Center contributions

We collected 21 pounds of dried beans for the Interfaith Food Center in November.

Happy Birthday!

Jordan Simar

Dec 8

Sunday School: 12/4 at 8:30 AM. We meet every other Sunday. Hope to see you there!

Rev. Jeffrey Nelson
Pastor
Elissa Mitzen
Director of Youth & Family Ministries
Randy Guiaya
Organist/Choir Director
Matthew James
Praise Team Director
Art Revueltas
President
Chris Allen
Vice President
Barbara Revueltas
Council Secretary
Betty Dagen
Treasurer
Diane Fort Woody
Stewardship
Suzanne Thompson
Mission and Service
Isla Holmes
Hospitality
Vicki Linta
Worship and Music
Len Bobier
Evangelism Leader
Marie Jorgensen
Congregational Care
Jon Woody
Property
Kathy Mitzen
Adult
Sue Grana
Youth and Family

Veterans enjoy turkeys for Thanksgiving

St. Andrew donated Walmart gift cards to 10 veterans of VFW Post #9148 in La Mirada so they could purchase turkeys for Thanksgiving.

The veterans were not eligible for holiday food distribution efforts in La Mirada due to residency requirements.

The cards were financed by the Mission and Service Projects account and member donations.

Poinsettias

If you would like to purchase a poinsettia in remembrance or in honor of someone, call the church or fill out the order form. The cost is \$10.00. Please make out a check to St. Andrew and put the word poinsettia on the memo line. Put your check in the offering plate that is in the narthex or send a check to the office. Deadline is December

Annual Congregation Budget Meeting

Our annual Congregation Budget Meeting will be held on December 18th, following the service. We will have our second vote on churchwide changes to our Constitution that we have made. In addition we will be approving our budget for 2023. If you would like a copy of any of the above, please let the office know and they can be emailed to you. Hard copies are available in the narthex.

Volunteers sought for Habitat for Humanity build in south Los Angeles on January 14

Habitat for Humanity has now opened up its build sites to volunteers, and has offered St. Andrew a small number of volunteer spots for one of its current sites in south Los Angeles.

We are seeking 7 volunteers to work on Saturday, January 14, from 8 a.m. to approximately 3 p.m. The site is located at 215 E. El Segundo Blvd.

Our goal would be to carpool to the site to reduce the number of people having to drive.

No experience or particular skills are necessary to work on the site. Must be at least 16 years old to participate.

Volunteer sign-up sheets will be available in the Narthex. Volunteers will receive further details and an event registration link.

If you have any questions, please see Suzanne Thompson.



Neighborhood FOOD PANTRY
Come and get some FREE fresh produce!
Friday, Dec 9
1:30-3pm
VFW POST 9148
13932 VALLEY VIEW AVE
LA MIRADA

Volunteer opportunity La Mirada VFW food distribution

Volunteers are sought to help with the La Mirada VFW's food distribution event on Friday, December 9. Set up begins at 11:30 a.m., with tear down between 2:30-3 p.m. See further details on the adjacent flyer.

Notice: Hearing on Appeal of City of Whittier Intent to Remove Trees

Photo below:
2 Story current building of corner of Cornstock and Philadelphia and 4 or 5 massive trees of good health and vigor left.



Photo below:
Rendering of the 5 story, residential only, proposed project that will replace the current building and, according to the city, require the removal of all 5 massive ficus trees.



On Wednesday, December 21 in the City of Whittier Council Chambers at 6PM the Parks and Recreation and Community Services Commission will hold a public hearing to consider the appeal of the Parks Department intention to remove 5 massive Indian Laurel trees (*Ficus microcarpa*) to make way for a 5 story, residential only, project. The appeal was filed by David Dickerson, chair of the Urban Forest Committee of the Whittier Conservancy. For further information please contact Mr Dickerson at (562) 698-8657 home, (562) 619-9987 cell or email at attorneydickerson@yahoo.com Please note that the hearing may be continued to 3rd Wednesday of January 2023 so be sure to contact Mr Dickerson on 12/16/22 when the city posts the agenda.

** According to the arborist report the trees are "massive," "of good health and vigor" and have a DBH (diameter at breast height) of 28" - 33."*

Singers Requested: The annual Lessons & Carols service at St Michael Church in Whittier will be held on Saturday December 17 at 6 pm. Singers (all voices, but especially sopranos and altos) are asked to supplement the St Michael parish choir. Nathan Fratzke, a DMA student at USC, will be the conductor. Three rehearsals will take place from 2-4 pm on Nov 27, Dec 4, and Dec 10, and a dress rehearsal on Dec 16. For details, email StMichaelWhittier@gmail.com. St Michael is a Christian Orthodox parish located at 3333 Workman Mill Road (near Rose Hills Cemetery, near the 605 and 60 meet).

Honor our veterans by participating in 'National Wreaths Across America Day' on December 17

Each December on "National Wreaths Across America Day," volunteers place wreaths at veterans' gravesites at Arlington National Cemetery, as well as at more than 3,400 additional locations in all 50 U.S. states, at sea and abroad.

This year's event will be held on Saturday, December 17. The day will begin at 9 a.m. with a special ceremony, followed by the laying of wreaths.

The closest participating cemetery to Whittier is Memory Garden Memorial Park, 455 W. Central Ave., Brea

(right next to La Habra). The cemetery is small so the process of laying the wreaths typically takes about an hour, depending on the number of volunteers.

To sign up to volunteer, or for further information, visit the Wreaths Across America website at <https://www.wreathscrossamerica.org/>.

Note from Suzanne Thompson: My sister and I have participated in this event, and will be doing so again this year. It's a great Christmas activity for individuals and families, and a simple yet meaningful way to pay respect to our nation's veterans.

INTERFAITH FOOD CENTER!

December is canned meat month!

We are collecting canned meat for the Interfaith Food Center (IFC) in December. Please bring your donations to church on Sunday mornings or to the office during the week.

Donations of other non-perishable food is also accepted as well as financial donations to the IFC (checks can be made out to St. Andrew with IFC in the memo line).

Looking ahead, please see the food collection calendar below for 2023. We will include reminders in the weekly updates.

If you have any questions, please call Suzanne Thompson at 562-943-5161, or email her at italia4me2@gmail.com.

Month	Food
January	Pancake mix
February	Soup
March	Jelly
April	Macaroni & cheese
May	Canned fruit
June	Rice
July	Pasta
August	Tomato sauce
September	Cereal
October	Peanut butter
November	Dried beans
December	Canned meat

St. Andrew Cares

St. Andrew offers care for all our members. We have volunteers who can provide rides for medical appointments or other appointments, shop for groceries, and provide meals. Most of these services are for short term when needed. We also have a supply of medical equipment such as walkers, wheelchairs in storages. Please call or email the church office office.standrewlutheranchurch@gmail.com or Marie Jorgensen.

Prayer Chain

As many of you know, St. Andrew has a very active prayer chain. Praying for others blesses us and those we pray for. If you would like to join us in prayer, please call or email the church office or Marie at mjorgen10@aol.com. Also, if you have a request for prayer for yourself, a relative or a friend you can contact us using the information above or just text or call Marie.

Amplify

St. Andrew is subscribed to a wonderful multimedia platform called Amplify, like NETFLIX, but with thousands of Christian videos you can use for personal study, reflection, worship and inspiration. If you are interested in signing up you may call Kathy Mitzen, 562 760-5548 or Carina in the church office. I hope you enjoy this opportunity for education and inspiration.

Prayers

Community Prayers

Pastor Tim at River of Hope, Habitat for Humanity, our brothers and sisters in Pachacamac, Peru, and at San Juan Camino de Esperanza in Lima, Peru, All veterans and current military, ELCA Bishop Elizabeth Eaton, Pacifica Synod Bishop Dave Nagler, and our Pastor Jeffrey Nelson

Members - Long Term

- Leslie Barr
- Lynn Burns
- Anne Christiansen
- Ken Christiansen
- Barbara DuBois
- Grace Gundell
- Marian Humphreys

- Lois Kalla
- Shirley Kellison
- Krystal Martin
- Christine Perez
- Sally Sauer
- Lorraine Tunburg
- Sandy Wicker
- Jeff Woody

Friends and Family

- David Blackburn
- Magnus Dickerson
- Annette Navarre
- Carmen Rodriguez
- Kathy Cadwallader
- Phil Gallego
- Arlene Gallego
- Ann Phelps

Members

- Chris Allen
- Family and Friends of Betty Dagen
- Christine Perez
- Christopher Perez
- Elissa Mitzen

Friends and Family - Long Term

- Jeralyn Ehlers
- Chiari Eliazarras
- Grant Eyles
- Christine Fantz
- Matt Fantz
- Marcus Glidden
- Shirley Loveless