



St. Andrew Lutheran Church

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Heartbeats Weekly Updates For the Week: 2/26 - 3/4/2023

Weekly Calendar:

Events This Week:

- Feb 26 | 8:30 AM** Choir Practice
8:30 AM Sunday School
9:30 AM Worship
10:45 AM Adult Education
11:00 AM Confirmation
- Feb 28 | 10:00 AM** Altar Guild
7:00 PM Church Council (Zoom)
- March 1 | 6:00 PM** Soup Suppers
6:45 PM Lenten Service
- March 3 | St Andrew Anniversary**
Carina on Vacation
- March 4 | 8:00 AM** Men's Fellowship
11:00 AM WAT Group

Happy Birthday!

Nancy Bobier	Feb 27
David Dickerson	Feb 28
Mark Murphy	March 1
Levi Chong	March 3
Sarah Murphy	March 4

Sunday School: 2/26 at 8:30 AM. We meet every other Sunday. Hope to see you there!

The Flower Chart 2023!

The Flower Chart for 2023 is available for you to sign up for donating flowers for Sunday mornings.

March dates open: 5, 12, 26

The cost is \$40 per bouquet. Please indicate 'flowers' in the memo line of your check. There are many blanks to be filled in—Please prayerfully consider how you can help. Thank you for your generosity.

Flowers are given by the Dickerson's in celebration of Dave's birthday!



Worship Assistants for February 26, 2023

Reader: Emily Bruhns
PowerPoint: Debbie Warren
Acolytes: Jasmine Rodriguez and Austin Gentile
Praise Team: Matthew Sivertson
Organist / Choir Director: Randy Guiaya

Adult Education: Sunday @10:45 AM

Grab your cup of coffee (and a cookie!) and join us in Room 7. We're looking forward to meeting with everyone!

MIDWEEK LENTEN SOUP SUPPERS AND WORSHIP: Wednesdays beginning March

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"Bible People You Don't Know but Should"
Supper 6:00 pm / Worship around the table 6:45 pm

We are bringing back the Lenten Soup Suppers, after a three year hiatus. The following groups are responsible for organizing soups and desserts for a week:

- March 1 - Church Council
- March 8 - Youth and Family Commission
- March 15 - Altar Guild
- March 22 - Worship and Music Commission
- March 29 - Hospitality Commission

If you are interested in bringing a soup one week and are not part of any of these groups please let the church office, or myself know and we can put you in contact with a commission that needs some help.

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Thank you
Isla Holmes

- Rev. Jeffrey Nelson
Pastor
- Elissa Mitzen
Director of Youth & Family Ministries
- Randy Guiaya
Organist/Choir Director
- Matthew James
Praise Team Director
- Art Revueltas
President
- Chris Allen
Vice President
- Barbara Revueltas
Council Secretary
- Diane Fort Woody
Stewardship
- Suzanne Thompson
Mission and Service
- Isla Holmes
Hospitality
- Vicki Linta
Worship and Music
- Len Bobier
Evangelism Leader
- Marie Jorgensen
Congregational Care
- Jon Woody
Property
- Kathy Mitzen
Adult
- Sue Grana
Youth and Family

Men's Fellowship Breakfast: March 4 at 8:00 AM
 All men are invited and breakfast will be served.
 Please contact Nick Grana for more information.

Women Alone Together (WAT) Meeting : March 4 at 11:00 AM
 Meetings will be held the first Saturday of the month at 11:00 AM. Please contact Kathy Mitzen for more information.



This past week we woke to the news that two powerful earthquakes had hit Turkey and significantly impacted neighboring Syria. The first was a magnitude 7.8 earthquake in south central Turkey, followed hours later by a magnitude 7.5 quake in the southeastern part of the country. The two quakes have devastated Turkey and Syria, collapsing thousands of buildings and damaging infrastructure. Over 20,000 people have been killed and thousands more have been injured, yet

search-and-rescue efforts are only in the early stages. A cold and snowy weather system now moving through the region complicates the response efforts.

Lutheran Disaster Response has been active in this region for several years, partnering with ACT Alliance, the Lutheran World Federation and the Middle East Council of Churches to accompany Syrian refugees and internally displaced people with food, water, shelter, health services and sanitation support. The epicenter of one earthquake lies near Turkish provinces that host hundreds of thousands of Syrian refugees, which will only exacerbate the refugee crisis in the region.

Lutheran Disaster Response is committed to supporting ACT Alliance and other partners in responding to these earthquakes. Even as the sun was rising on the first earthquake, ACT Alliance member organizations began distributing emergency supplies, including medicines, bedding and other relief items. A comprehensive response will be coordinated as the full extent of the impact becomes clearer.

If you would like to donate to this cause, please make your check payable to St. Andrew Lutheran Church and write "Earthquake Relief" in the memo. We will send your gifts to Lutheran Disaster Response so that relief may come quickly to those in need.

INTERFAITH FOOD CENTER!

We are collecting canned soup for the Interfaith Food Center (IFC) in February.

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March is jelly month!

We are collecting jelly for the Interfaith Food Center (IFC) in March. Please bring your donations to church on Sunday mornings or to the office during the week.

Donations of other non-perishable food is also accepted as well as financial donations to the IFC (checks can be made out to St. Andrew with IFC in the memo line).

Looking ahead, please see the food collection calendar below for the remainder of the year. We will include reminders in the weekly updates.

If you have any questions, please call Suzanne Thompson at 562-943-5161, or email her at italia4me2@gmail.com.

Month	Food
April	Macaroni & cheese
May	Canned fruit
June	Rice
July	Pasta
August	Tomato sauce
September	Cereal
October	Peanut butter
November	Dried beans
December	Canned meat

Community Prayers

Pastor Tim at River of Hope, Habitat for Humanity, Our brothers, and sisters in Pachacamac, Peru, and at San Juan Camino de Esperanza in Lima, Peru; All veterans and current military, victims of violence and natural disasters, ELCA Bishop Elizabeth Eaton, Pacifica Synod Bishop Dave Nagler, and our Pastor Jeffrey Nelson.

Prayers

Friends and Family

- David Blackburn
- Magnus Dickerson
- Matt and Amrita Dickerson

Members

- Chris Allen
- Christine Perez
- Diane Fort-Woody
- Krystal Martin

- Annette Navarre
- Phil Gallego
- Arlene Gallego
- Ann Phelps
- Joe Lipps
- Dylan Lipps
- June Lipps

Friends and Family - Long Term

- Chiari Eliazarras
- Grant Eyles
- Christine Fantz
- Matt Fantz
- Marcus Glidden
- Shirley Loveless
- Leslie Barr
- Doug Jones
- Gail Nance
- Sister Emilia Quispe
- Jarrett Guillow
- Jim & Kim O'Connell
- Paul Lowery

Members - Long Term

- Elissa Mitzen
- Lynn Burns
- Ken Christiansen
- Barbara DuBois
- Grace Gundell
- Marian Humphreys
- Shirley Kellison
- Sally Sauer
- Lorraine Tunburg
- Sandy Wicker
- Jeff Woody
- Nolan Berner
- Jim Johnson
- Sharon Pollard