



St. Andrew Lutheran Church

Phone:
(562) 944-1148

Our mailing address:
11345 Miller Road
Whittier, CA 90604

Email:
office.standrewlutheranchurch@gmail.com

Heartbeats Weekly Updates For the Week: 2/5 - 2/11/2023

Weekly Calendar:

Events This Week:

Feb 5 | 8:30 AM Choir Practice
9:30 AM Worship
9:30 AM Youth Group
10:45 AM Adult Education
12:00 PM Worship & Music
Commission

Feb 8 | 11:00 AM Bible Study (Zoom)
6:00 PM Bible Study (Zoom)

Worship Assistants for February 5, 2023

Reader: Barbara Revueltas
Power Point: Debbie Warren
Praise Team: Matthew Sivertson
Organist / Choir Director: Randy Guiaya

The Flower Chart 2023!

The Flower Chart for 2023 is available for you to sign up for donating flowers for Sunday mornings.

February Slots Open: Feb 19

The cost is \$40 per bouquet. Please indicate 'flowers' in the memo line of your check. There are many blanks to be filled in—Please prayerfully consider how you can help. Thank you for your generosity.

Flowers are given by: The Besacks for Marian Humphrey's birthday!



Youth Group: 2/5 at 9:30 AM. Youth group is for all middle school youth. Invite your friends and join us for a great time!

Wednesdays Bible Studies:

11:00 AM and 6:00 PM Bible Study (Zoom)
Contact the church office to be added to the Zoom email updates.

Adult Education

Sunday @10:45 AM

Grab your cup of coffee (and a cookie!) and join us in Room 7. We're looking forward to meeting with everyone in a non-Zoom conversation!

Show your team spirit in our Souper Bowl soup competition

Ready for a little friendly competition? Who do you want to win Super Bowl LVII – the



Kansas City Chiefs or the Philadelphia Eagles?

Root on your favorite team by placing a can of soup (or more) in the bucket in the Entry labeled with the team of your choice.

The "competition" will run through Super Bowl Sunday, February 12. All soup collected will be donated to the Interfaith Food Center. Our soup collection will continue throughout February.

Kindness ideas for the new year

Imagine a world where you can succeed by being nice. Where we all pay it forward. Where people look out for each other. It all starts with an act.

For inspiring kindness ideas, visit <https://www.randomactsofkindness.org/kindness-ideas>



Rev. Jeffrey Nelson
Pastor
Elissa Mitzen
Director of Youth & Family Ministries
Randy Guiaya
Organist/Choir Director
Matthew James
Praise Team Director
Art Revueltas
President
Chris Allen
Vice President
Barbara Revueltas
Council Secretary
Diane Fort Woody
Stewardship
Suzanne Thompson
Mission and Service
Isla Holmes
Hospitality
Vicki Linta
Worship and Music
Len Bobier
Evangelism Leader
Marie Jorgensen
Congregational Care
Jon Woody
Property
Kathy Mitzen
Adult
Sue Grana
Youth and Family

SPECIAL LENTEN DISCIPLINE

Lent begins on Ash Wednesday, February 22. During Lent, many people "give something up," which can be a good practice. But because JESUS took the cross on HIMSELF for us, we are free from the need to earn GOD'S love. So, I like to encourage people to take on something for Lent, rather than give something up.

This year, I am inviting the entire congregation to take on and join in a special Lenten discipline that could be a blessing to you and impactful for our congregation. Plan to stay for a potluck lunch on Sunday, February 19 and the workshop that will follow to introduce this Lenten activity that will bring an outward looking focus to your Lenten journey.

In CHRIST'S love,
Pastor Jeffrey

Potluck on February 19

On Sunday, February 19 we are going to have a potluck before Pastor Jeffrey's Lenten Discipline workshop. We will gather in the Fellowship Hall at 10:45, right after Sunday's service. We are asking that members with a last name of A - H bring a main dish to share. Members with a last name from I - Z bring a side dish or salad. Hospitality commission will provide beverages and desserts. Please sign up on Sunday February 5 or February 12 so we have an idea of who will be attending. Thank you and I am looking forward to this chance for fellowship and learning. Isla Holmes

We will have an in-person service on Ash Wednesday (February 22) at 7:00 pm. On the following Wednesdays, a midweek Lenten service will be offered and the theme for this year's Wednesday evening service will be "Soup Suppers." More information to follow.

Contribution Letters for 2022 are Available

Contribution Letters for 2022 have been sent out!

Amplify

St. Andrew is subscribed to a wonderful multimedia platform called Amplify, like NETFLIX, but with thousands of Christian videos you can use for personal study, reflection, worship and inspiration.

If you are interested in signing up you may call Kathy Mitzen, 562 760-5548 or Carina in the church office. I hope you enjoy this opportunity for education and inspiration.

INTERFAITH FOOD CENTER!

We are collecting canned soup for the Interfaith Food Center (IFC) in February.

We are collecting soup for the Interfaith Food Center (IFC) in February. Please bring your donations to church on Sunday mornings or to the office during the week. Donations of other non-perishable food is also accepted as well as financial donations to the IFC (checks can be made out to St. Andrew with IFC in the memo line).

Looking ahead, please see the food collection calendar below for the remainder of the year. We will include reminders in the weekly updates.

If you have any questions, please call Suzanne Thompson at 562-943-5161, or email her at italia4me2@gmail.com.

Month	Food
March	Jelly
April	Macaroni & cheese
May	Canned fruit
June	Rice
July	Pasta
August	Tomato sauce
September	Cereal
October	Peanut butter
November	Dried beans
December	Canned meat

Making a difference in our community

Interfaith Food Center monthly food collection

We collected 25 boxes of pancake mix for the Interfaith Food Center in January.

AmazonSmile program ends February 20

Thanks to everyone who has used the AmazonSmile program in the past to designate to St. Andrew a portion of the purchase price on their Amazon orders.

According to a recent communication from Amazon, the program will be discontinued by February 20 as it has "not grown to create the impact that we had originally hoped."

Additional donations through the program will continue to accrue until it officially closes in February.

St. Andrew Cares

St. Andrew offers care for all our members. We have volunteers who can provide rides for medical appointments or other appointments, shop for groceries, and provide meals. Most of these services are for short term when needed. We also have a supply of medical equipment such as walkers, wheelchairs in storages. Please call or email the church office office.standrewlutheranchurch@gmail.com or Marie Jorgensen.

Prayer Chain

As many of you know, St. Andrew has a very active prayer chain. Praying for others blesses us and those we pray for. If you would like to join us in prayer, please call or email the church office or Marie at mjorgen10@aol.com. Also, if you have a request for prayer for yourself, a relative or a friend you can contact us using the information above or just text or call Marie.

Community Prayers

Pastor Tim at River of Hope, Habitat for Humanity, Our brothers, and sisters in Pachacamac, Peru, and at San Juan Camino de Esperanza in Lima, Peru; All veterans and current military, victims of violence and natural disasters, ELCA Bishop Elizabeth Eaton, Pacifica Synod Bishop Dave Nagler, and our Pastor Jeffrey Nelson.

Members

- Chris Allen
- Christine Perez
- Madeline Thomas
- Diane Fort-Woody
- Krystal Martin
- Sister Emilia Quispe
- Justin Linta
- Elissa Mitzen
- Lilly Mitzen
- Barbara DuBois

Prayers

Friends and Family - Long Term

- Dee O’Dowd
- Chiari Eliazarras
- Grant Eyles
- Christine Fantz
- Matt Fantz
- Marcus Glidden
- Shirley Loveless
- Kay Ivie
- Doug Jones
- Steven Oertel and the Rocha Family

Members - Long Term

- Lynn Burns
- Ken Christiansen
- Grace Gundell
- Marian Humphreys
- Lois Kalla
- Shirley Kellison
- Sally Sauer
- Lorraine Tunburg
- Sandy Wicker
- Jeff Woody

Friends and Family

- David Blackburn
- Magnus Dickerson
- Matt and Amrita Dickerson
- Annette Navarre
- Phil Gallego
- Arlene Gallego
- Ann Phelps
- Joe Lipps
- Dylan Lipps
- Mark Sanbower