



# St. Andrew Lutheran Church

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## Heartbeats Weekly Updates For the Week: 3/12 - 3/18/2023

### Weekly Calendar:

#### Events This Week:

**March 12 | Daylight Savings Starts**

**8:30 AM Choir Practice**

**8:30 AM Sunday School**

**9:30 AM Worship**

**10:45 AM Adult Education**

**11:00 AM Confirmation (St. Paul)**

**March 15 | 6:00 PM Soup Suppers (host:**

**Altar Guild)**

**6:45 PM Lenten Service**

**Note: Daylight Savings starts on  
Sunday, March 12**

#### MIDWEEK LENTEN SOUP SUPPERS AND WORSHIP: Wednesdays

"Bible People You Don't Know but Should"  
Supper 6:00 pm / Worship around  
the table 6:45 pm

We are bringing back the Lenten Soup  
Suppers, after a three year hiatus. The  
following groups are responsible for  
organizing soups and desserts for a week:

March 15 - Altar Guild

March 22 - Worship and Music

Commission

March 29 - Hospitality Commission

If you are interested in bringing a soup one  
week and are not part of any of these  
groups please let the church office, or  
myself know and we can put you in contact  
with a commission that needs some help.

Thank you  
Isla Holmes

#### Happy Birthday!

Earl Ruschmeier                      March 12

**Sunday School:** 3/12 at 8:30 AM. We meet  
every other Sunday. Hope to see you there!

#### Worship Assistants for March 12, 2023

Reader: Isla Holmes

PowerPoint: Debbie Warren

Praise Team: Matthew Sivertson

Acolytes: Samantha Sipple and Emma Sipple

Organist / Choir Director: Randy Guiaya

#### **The Flower Chart 2023!**

The Flower Chart for 2023 is available for you  
to sign up for donating flowers for Sunday  
mornings.

#### **March dates open: 26**

The cost is \$40 per bouquet. Please indicate  
'flowers' in the memo line of your  
check. There are many blanks to be filled  
in—Please prayerfully consider how you can  
help. Thank you for your generosity.

#### **Adult Education: Sunday @10:45 AM**

Grab your cup of coffee (and a cookie!) and  
join us in Room 7. We're looking forward to  
meeting with everyone!

Rev. Jeffrey Nelson  
*Pastor*  
Elissa Mitzen  
*Director of Youth &  
Family Ministries*  
Randy Guiaya  
*Organist/Choir Director*  
Matthew James  
*Praise Team Director*  
Art Revueltas  
*President*  
Chris Allen  
*Vice President*  
Barbara Revueltas  
*Council Secretary*  
Diane Fort Woody  
*Stewardship*  
Suzanne Thompson  
*Mission and Service*  
Isla Holmes  
*Hospitality*  
Vicki Linta  
*Worship and Music*  
Len Bobier  
*Evangelism Leader*  
Marie Jorgensen  
*Congregational Care*  
Jon Woody  
*Property*  
Kathy Mitzen  
*Adult*  
Sue Grana  
*Youth and Family*

#### **SAVE THE DATE!**

Bread for the World Pancake Breakfast  
April 30



#### **INTERFAITH FOOD CENTER!**

#### **March is jelly month!**

We are collecting jelly for the  
Interfaith Food Center (IFC) in  
March. Please bring your  
donations to church on  
Sunday mornings or to the  
office during the week.

**Giving back to local veterans on April 21**

St. Andrew will be hosting our second dinner for members of Veterans of Foreign Wars (VFW) Post #9148 in La Mirada on Friday, April 21 at 4 p.m.

We will be serving bbq pork sandwiches, cole slaw, chips and dessert.

Volunteers are needed to make/donate the food that we will serve, as well as a very small number of people to set up the dinner.

Please see the sign-up sheets on the table in the entry for opportunities to join in this valuable effort.

Monetary donations are also welcomed to help defray the cost of some of the food items that must be purchased. Please feel free to write a check to St. Andrew and put "VFW dinner" in the memo line.

Questions? Contact Suzanne Thompson via email at [italia4me2@gmail.com](mailto:italia4me2@gmail.com) or phone at 562-943-5161.



**Community Prayers**

Pastor Tim at River of Hope, Habitat for Humanity, Our brothers, and sisters in Pachacamac, Peru, and at San Juan Camino de Esperanza in Lima, Peru; All veterans and current military, victims of violence and natural disasters, ELCA Bishop Elizabeth Eaton, Pacifica Synod Bishop Dave Nagler, and our Pastor Jeffrey Nelson.

**Prayers**

**Members**

- Chris Allen
- Christine Perez
- Krystal Martin
- Earl Ruschmeier
- Family and Friends of Lorraine Tunberg

**Friends and Family**

- David Blackburn
- Magnus Dickerson
- Matt and Amrita Dickerson
- Annette Navarre
- Phil Gallego
- Arlene Gallego
- Ann Phelps
- Joe Lipps
- Dylan Lipps
- June Lipps

**Friends and Family - Long Term**

- Lynn Burns
- Ken Christiansen
- Madeline Thomas
- Diane Fort-Woody
- Leslie Barr
- Grace Gundell
- Marian Humphreys
- Shirley Kellison
- Sally Sauer
- Sandy Wicker
- Jeff Woody
- Nolan Berner
- Jim Johnson
- Sharon Pollard
- Family and Friends of Barbara DuBois

**Members - Long Term**

- Chiari Eliazaras
- Grant Eyles
- Christine Fantz
- Matt Fantz
- Marcus Glidden
- Shirley Loveless
- Leslie Barr
- Doug Jones
- Gail Nance
- Jarret Guillow
- Jim & Kim O'Connell
- Paul Lowery
- Bonnie Beardslee
- Christie VanPatten