



St. Andrew Lutheran Church

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Heartbeats Weekly Updates For the Week: 7/23 - 7/29/2023

Weekly Calendar:

Events This Week:

July 23 | 9:30 AM Worship
9:30 AM Youth Group
10:45 AM Adult Education Class
July 25 | 7:00 PM Church Council Mtg (Zoom)
July 26 | 11:00 AM Bible Study (Zoom)
6:00 PM Bible Study (Zoom)

Worship Assistants for July 23, 2023

Reader: Dave Dickerson
PowerPoint: Debbie Warren
Organist / Choir Director: Randy Guiaya
Praise Team: Matthew Sivertson

Youth Group: 7/23 at 9:30 AM.

Youth group is for all middle school youth. Invite your friends and join us for a great time!

Adult Education

Sunday @10:45 AM

Grab your cup of coffee (and a cookie!) and join us in Room 7. We're looking forward to meeting with everyone in a non-Zoom conversation!

Wednesdays Bible Studies:

11:00 AM and 6:00 PM Bible Study (Zoom) Contact the church office to be added to the email list.

Rev. Jeffrey Nelson
Pastor
Elissa Mitzen
Director of Youth & Family Ministries
Randy Guiaya
Organist/Choir Director
Matthew James
Praise Team Director
Art Revueltas
President
Debbie Warren
Vice President
Linda Ludwick
Treasurer
Susie Besack
Council Secretary
Diane Fort Woody
Stewardship
Suzanne Thompson
Mission and Service
Isla Holmes
Hospitality
Vicki Linta
Worship and Music
Len Bobier
Evangelism Leader
Marie Jorgensen
Congregational Care
Jon Woody
Property
Kathy Mitzen
Adult
Sue Grana
Youth and Family

The Flower Chart 2023!

The Flower Chart for 2023 is available for you to sign up for donating flowers for Sunday mornings. The cost is \$40 per bouquet. Please indicate 'flowers' in the memo line of your check. Thank you for your generosity.

Flowers are given by Linda Ludwick for her son Earl R. Ludwick Jr.



July is pasta month!

We are collecting pasta for the Interfaith Food Center (IFC) in July. Please bring your donations to church on Sunday mornings or to the office during the week.

Happy Birthday!

Kathy Mitzen July 26

August is tomato sauce month!

We are collecting tomato sauce for the Interfaith Food Center (IFC) in August. Please bring your donations to church on Sunday mornings or to the office during the week.

Month	Food
September	Cereal
October	Peanut butter
November	Dried beans
December	Canned meat

Donations of other non-perishable food is also accepted as well as financial donations to the IFC (checks can be made out to St. Andrew with IFC in the memo line).

Looking ahead, please see the food collection calendar below for the remainder of the year. We will include reminders in the weekly updates. If you have any questions, please call Suzanne Thompson at 562-943-5161, or email her at italia4me2@gmail.com.



Confirmed!
Veterans Appreciation Dinner
November 10 @ 5 p.m.
La Mirada VFW post #9148
Details to come

God's work. Our hands. – Saturday and Sunday, September 9 and 10
How you can participate

This year, St. Andrew will be observing God's work. Our hands., the ELCA's annual day of service, on Saturday and Sunday, September 9 and 10.

There are three different ways you can participate with your interests and comfort level in mind – assembling food packages at the Los Angeles Regional Food Bank, and assembling or donating items for personal hygiene kits for the Interfaith Food Center.

1) Assembling food packages at the Los Angeles Regional Food Bank

Saturday, September 9, 9 a.m. – noon

We are seeking up to 15 volunteers to assemble food packages for low-income seniors at the City of Industry facility (Peck Rd. exit off 60 freeway). This work is done standing up.

How you can participate:

Sign up at the table in the church entry, and a registration link will be emailed to you with all of the details.

2) Assembling personal hygiene kits for the Interfaith Food Center (IFC)
Sunday, September 10 after service

We are seeking 10 volunteers to put together kits with items donated by you (please see #3 below). This is a sit-down activity.

How you can participate:

Sign up at the table in the church entry.

3) Donating items for personal hygiene kits for the IFC

Items will be collected throughout August (this will give us time to purchase any missing items before assembly on September 10)

How you can participate:

Sign up at the table in the church entry for the items you would like to donate from the list below, and drop them off in the box in the church entry (or bring to the office) by Sunday, August 31.

- Travel size toothpaste
- Travel size shampoo
- Travel size conditioner
- Travel size deodorant
- Travel size body wash
- Travel size shaving cream
- Razors

All of these items are available at Walmart or Target for less than \$2. Please do not donate items that are not on the list so we can make the best use of our resources.

Please feel to wear your God's work. Our hands. or Thrivent T-shirts on September 9 or 10.

If you have any questions, please contact Suzanne Thompson via email @

italia4me2@gmail.com – or phone @ (562) 943-5161.



Wanted: Your empty pill bottles

The Interfaith Food Center needs empty pill bottles with caps on an ongoing basis. The bottles are filled with shampoo and other personal hygiene products from full-sized bottles that get donated, and distributed in personal care kits to those in need.

To donate your empty bottles, be sure they are clean and with any personal labels removed, then drop them in the wooden collection bin in the church entry.

Thanks in advance for your help!

Prayers

Members - Long Term

- Lynn Burns
- Ken Christiansen
- Leslie Barr
- Grace Gundell
- Marian Humphrey
- Shirley Kellison
- Sally Sauer
- Jeff Woody
- Nolan Berner
- Jim Johnson
- Sharon Pollard
- Earl Ruschmeier
- Linda Ludwick

Friends and Family – Long Term

- Chiari Eliazarras
- Grant Eyles
- Matt Fantz
- Marcus Glidden
- Shirley Loveless
- Gail Nance
- Jim & Kim O'Connell
- Joyce Benson
- Jennifer Jessie
- The Ruiz Family
- Christie Marie Van Patten
- Mr. Rubio and family
- Tom Yano
- Sherri Wagner

Members

- Chris Allen
- Christine Perez
- Diane Fort-Woody

Friends and Family

- David Blackburn
- Magnus Dickerson
- Matt and Amrita Dickerson
- Annette Navarre
- Phil Gallego
- Arlene Gallego
- Ann Phelps
- Joe Lipps
- Dylan Lipps

Community Prayers:

Pastor Tim at River of Hope, Habitat for Humanity, Our brothers, and sisters in Pachacamac, Peru, and at San Juan Camino de Esperanza in Lima, Peru; All veterans and current military, victims of violence and natural disasters, ELCA Bishop Elizabeth Eaton, Pacifica Synod Bishop Dave Nagler, and our Pastor Jeffrey Nelson.