

# St. Andrew Lutheran Church

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## Heartbeats Weekly Updates For the Week: 11/5 - 11/11/2023

### Weekly Calendar:

#### Events This Week:

- Nov 5 | All Saints Sunday**  
**Daylight Savings Ends**  
**IFC Thanksgiving Food Drive Deadline**  
 8:30 AM Choir Practice  
 8:30 AM Sunday School  
 9:30 AM Worship  
 10:35 AM Chili Cook Off  
 12:00 PM Worship and Music Commission
- Nov 8 | 11:00 AM Bible Study (Zoom)**  
 6:00 PM Bible Study (Zoom)
- Nov 10 | Veteran's Day Observed (Office Closed)**  
 5:00 PM Veteran Appreciation Dinner  
 (VFW Post #9148 La Mirada)
- Nov 11 | Veteran's Day**

**Sunday School:** Sunday School at 8:30 AM. We will be meeting every Sunday at 8:30 AM in the Sunday School Room. Hope to see you there!

#### Worship Assistants for Nov 5, 2023

Reader: Emily Bruhns  
PowerPoint: Marie Jorgensen  
Organist / Choir Director: Randy Guiaya  
Praise Team: Matthew Sivertson



Start your day by saying, out loud, three things for which you are grateful.

**RANDOM ACTS OF KINDNESS**  
FOUNDATION®  
[www.randomactsofkindness.org](http://www.randomactsofkindness.org)

#### Interfaith Food Center

##### contributions

We collected 27 jars of peanut butter for the Interfaith Food Center in October.

#### THROUGH THE NEW TESTAMENT:

##### This Week's Reading

##### Mark 13 - Luke 1

Join us as we read through the New Testament in a year! Binders with study questions for each chapter are available; please contact the church office.

#### Wednesday Bible Studies

11:00 AM Bible Study (Zoom)

6:00 PM Bible Study (Zoom)

Contact the church office to be added to the Zoom email updates each week.

Flowers are given in celebration of Isla's birthday!



Rev. Jeffrey Nelson  
*Pastor*  
 Elissa Mitzen  
*Director of Youth & Family Ministries*  
 Randy Guiaya  
*Organist/Choir Director*  
 Matthew James  
*Praise Team Director*  
 Art Revueltas  
*President*  
 Debbie Warren  
*Vice President*  
 Linda Ludwick  
*Treasurer*  
 Susie Besack  
*Council Secretary*  
 Diane Fort Woody  
*Stewardship*  
 Suzanne Thompson  
*Mission and Service*  
 Isla Holmes  
*Hospitality*  
 Vicki Linta  
*Worship and Music*  
 Len Bobier  
*Evangelism Leader*  
 Marie Jorgensen  
*Congregational Care*  
 Jon Woody  
*Property*  
 Kathy Mitzen  
*Adult*  
 Sue Grana  
*Youth and Family*

#### The Flower Chart 2023!

The Flower Chart for 2023 is available for you to sign up for donating flowers for Sunday mornings.

##### November open dates: Nov 19

The cost is \$40 per bouquet. Please indicate 'flowers' in the memo line of your check. Thank you for your generosity.

#### November is dried beans month!

We are collecting dried beans for the Interfaith Food Center (IFC) in November. Please bring your donations to church on Sunday mornings or to the office during the week.

Donations of other non-perishable food is also accepted as well as financial donations to the IFC (checks can be made out to St. Andrew with IFC in the memo line).

Looking ahead, we will be collecting canned meat in December.



**Giving back to local veterans on November 10**

St. Andrew will be hosting our third dinner for members of Veterans of Foreign Wars (VFW) Post #9148 in La Mirada on Friday, November 10 at 5 p.m.

We will be serving a baked potato bar, complete with chili and all the fixings, plus salad and dessert.

Volunteers are needed to make/donate the food that we will serve, as well as a very small number of people to set up the dinner.

Please see the sign-up sheets on the table in the entry for opportunities to join in this valuable effort.

Monetary donations are also welcomed to help defray the cost of some of the food items that must be purchased.

Please feel free to write a check to St. Andrew and put "VFW dinner" in the memo line.

Questions? Contact Suzanne Thompson via email at [italia4me2@gmail.com](mailto:italia4me2@gmail.com) or phone at 562-943-5161.

**Veterans Day Flag Ceremony**

**November 12, 2023**

**Immediately following the 9:30 service.**

In preparation for this year's Veterans Day Flag ceremony, the Worship and Music Commission is seeking nominations from the congregation for family members that are Veterans. The Veteran will be recognized and receive the retired flag during the

ceremony.

If you would like to nominate your family member please provide the name; relation to you; and the nominee's title, branch of service, and how many years they served. Please email the information for the Veteran nominee to Vicki Linta, [Vickilinta@gmail.com](mailto:Vickilinta@gmail.com), no later than November 1, 2023.

**IFC holiday food drive: October 1-December 10**

St. Andrew will once again be collecting Thanksgiving and Christmas food and financial donations for the Interfaith Food Center (IFC) between October 1 and December 10. Your donations can help make a difference, and create a memorable holiday season for families in need this year.

You can bring your food donations anytime during that time period, and drop them off in the church entry or the office during office hours.

Contributions collected between October 1 – November 5 will be delivered to IFC in time for Thanksgiving. Donations collected after that and up to December 10 will be delivered for Christmas.

**Most needed items**

Mashed potatoes	Gravy	Chicken or vegetable broth
Canned vegetables	Cranberry sauce or jelly	Cream of mushroom soup
Canned yams	Stuffing	Macaroni and cheese
Cornbread or cake mix	Dried beans	Jell-o or pudding
Fruit juice	Cooking oil	Canned pumpkin

**Gift cards versus toy donations – deadline December 10**

In lieu of toys, the IFC will be accepting \$20 gift cards for Target, Walmart or Amazon. Gift cards can be placed in the Sunday collection plates or dropped off in the office until December.

**Financial donations welcome**

Checks can be made to St. Andrew and note "Interfaith Food Center- Thanksgiving (or Christmas)" in the memo line, or on the offering envelope if cash. Checks or cash can be placed in the offering plate or church mailbox.

Thank you in advance for your generosity!

### St. Andrew Cares

St. Andrew offers care for all our members. We have volunteers who can provide rides for medical appointments or other appointments, shop for groceries, and provide meals. Most of these services are for short term when needed. We also have a supply of medical equipment such as walkers, wheelchairs in storages. Please call or email the church office office.standrewlutheranchurch@gmail.com or Marie Jorgensen.

### Prayer Chain

As many of you know, St. Andrew has a very active prayer chain. Praying for others blesses us and those we pray for. If you would like to join us in prayer, please call or email the church office or Marie. Also, if you have a request for prayer for yourself, a relative or a friend you can contact us using the information above or just text or call Marie.

### Amplify

St. Andrew is subscribed to a wonderful multimedia platform called Amplify, like NETFLIX, but with thousands of Christian videos you can use for personal study, reflection, worship and inspiration. If you are interested in signing up you may call Kathy Mitzen, 562 760-5548 or Carina in the church office. I hope you enjoy this opportunity for education and inspiration.

### Prayers

*In loving memory of Sally Sauer*



### Members - Long Term

- Chris Allen
- Christine Perez
- Lynn Burns
- Leslie Barr
- Shirley Kellison
- Jeff Woody
- Nolan Berner
- Jim Johnson
- Sharon Pollard
- Earl Ruschmeier

### Friends and Family – Long Term

- Chiari Eliazarras
- Grant Eyles
- Matt Fantz
- Marcus Glidden
- Shirley Loveless
- Jim & Kim O’Connell
- Joyce Benson
- Jennifer Jessie
- The Ruiz Family

- Christy Marie Van Patten
- Sherri Wagner
- Mike Hornback
- Carl Batchler
- Mr. Rubio and Family
- Joyce Combes
- Katy Parker
- Bruce Adair
- Kenneth Jones
- Cavez Isais
- Bruce Kime

- Gary Tengelsen
- Dolores Vazquez

### Community Prayers:

Pastor Tim at River of Hope, Habitat for Humanity, Our brothers, and sisters in Pachacamac, Peru, and at San Juan Camino de Esperanza in Lima, Peru; All veterans and current military, victims of violence and natural disasters, people in Gaza and Israel, ELCA Bishop Elizabeth Eaton, Pacifica Synod Bishop Dave Nagler, and our Pastor Jeffrey Nelson.

### Friends and Family

- Magnus, Matt, Amrita & Arjun Dickerson
- Karen Depraect
- Annette Navarre
- Phil Gallego
- Arlene Gallego
- Ann Phelps
- Joe Lipps
- Dylan Lipps

### Former Pastors

- Pastor Mary Rowe
- Pastor Les and Helen Hoffman

### Members

- Ken Christiansen
- Kathy Mitzen
- Gloria Morse
- Diane Fort-Woody
- Jon Woody
- Jennifer Oertel
- Margie Murphy
- Brian Murphy
- Family and Friends of Sally Sauer